

Health	
<p>Addiction Services Cashmore Building McLeod Street Hastings Private Bag 9714 Hastings Phone (06) 878 1360 Fax (06) 878 1359 Email - ripeka.edwards-harris@hawkesbaydhb.govt.nz Napier Wellesley Road Napier PO Box 447 Napier Phone (06) 834 1815 Fax (06) 834 1861 Email mark.roberts@hawkesbaydhb.govt.nz</p>	<p>We are a specialist service that provides alcohol and drug assessment, information, education and counselling programmes. We have three departments - outpatients in Napier and Hastings, Nga Punawai Aroha Maori Addiction Services in Hastings and residential treatment at the Springhill Centre in Napier.</p>
<p>Asthma Hawke's Bay (Inc) 167 Marine Parade Napier PO Box 4043 Marewa Napier Phone (06) 835 0018 Fax (06) 835 0038 Email hb.asthma@xtra.co.nz</p>	<p>We are an Asthma Education Centre with one-on-one or group CORD support groups. a swimming subsidy for children from 5-15 years, an asthma camp for 7-12 year olds, asthma training and also have a nebuliser hire service.</p>
<p>Brain injury Hawke's Bay 413 Railway Road P O Box 785 Hastings Phone (06) 878 6875 Email mary@braininjuryhb.co.nz</p>	
<p>Child & Adolescent Mental Health Services Private Bag 9014 Hastings Ph (06) 878 8109 ext 5828 Fax (06) 878 1639</p>	<p>CAMHS is a child and adolescent focused service. We work with children/tamariki and young people/rangatahi aged 0-19 years, with moderate to severe mental health disorders. We involve our clients' families/Whanau and also provide consultation and liaison services to other professionals.</p>
<p>Choices - Kahungunu Health Services 208 Southampton Street West Hastings PO Box 901 Hastings Phone (06) 878 7616</p>	<p>We are a Whanau orientated Maori Health Provider. All clinics have nurses that educate and treat people for asthma, diabetes, sexual health, contraception, tamariki ora, injury prevention, smoking cessation, midwifery and general medical advice.</p>
<p>City Medical Wellesley Road Napier Phone (06) 835 4999</p>	<p>Accident and medical treatment. General Practitioners and Nurses available on site to discuss any health issue.</p>

<p>CCS Tairawhiti, HB Cnr Station & Munro Streets PO Box 507 Napier Phone (06) 834 0499 Fax (09) 834 1080 Email hbccs@thb.ccs.org.nz</p>	<p>We work with people with physical disabilities from birth to older age. Services include community support, information service, access to vocational and recreational activities, supported independent living, mobility parking permits, total mobility assessments and home to home respite care service.</p>
<p>Directions Youth Health Centre 405 St Aubyn Street East Hastings Phone (06) 870 8449 Fax (06) 870 8294 Email directions.yhc@xtra.co.nz Website www.directions.org.nz</p>	<p>Directions Youth Health Centre is Hawke's Bays 'Youth One Stop Shop'. The centre provides non judgemental, youth friendly healthcare services to youth aged 10 – 24.</p>
<p>Family Centre Napier 12 Cathedral Lane Napier PO Box 160 Napier Phone (06) 835 9458 Fax (06) 835 9164 Email napierfc@xtra.co.nz</p>	<p>Our youth services provide individual weekly support to young people between 13-18 years who are experiencing a range of issues including truancy/lack of vocational training, family stress, drug and alcohol use, sexual safety, anger issues and criminal offending. Our aim is to support young people to make safe healthy choices and to build positive relationships with family and the community. This service is free and confidential to the youth. We provide individual anger management programmes. We also provide counselling/psychotherapist services and have a psychologist on board to work with young people.</p>
<p>Family Planning, Education & Health Promotion Napier Community House 62 Raffles Street Napier PO Box 1106 Napier Phone (06) 835 6976 Fax (06) 835 6977 Email gill.l@fpanz.org.nz</p>	<p>Family Planning offers information, resources, workshops and professional training on sexuality topics including adolescent sexuality, safer sex, relationships, puberty, contraception and fertility.</p>
<p>Family Start 821 Orchard Road Hastings PO Box 718 Phone (06) 873 0974 Email familystart@ttoh.iwi.nz</p>	<p>The Family Start programme was established in 1998 as part of a wider strategy to strengthen families. It provides intensive, home-based support services for families with high needs, to ensure that their children have the best possible start in life. The aims of Family Start are to: improve health, education and social outcomes for children, improve parents' parenting capability and practice and improve children and parents' personal and family circumstances.</p>

<p>Hawke's Bay District Health Board Omahu Road Hastings Phone (06) 878 8109 Website www.hawkesbaydhb.govt.nz</p>	<p>The Hawke's Bay District Health Board continues to strive for excellence in health care. We value our reputation as a respected organisation responsive to the health needs of people in Hawke's Bay and the Chatham Islands; and continue to enhance the systems and culture that deliver our patient-focused care philosophy.</p>
<p>Hawke's Bay Primary Health Organisation Staples Rodway Building Cnr Lyndon Road & Hastings Street Hastings Phone (06) 878 3270 Fax (06) 873 4960 Email sarahm@hbpho.co.nz Website www.hbpho.co.nz</p>	
<p>Napier Health Centre P O Box 447 Napier Phone (06) 834 1815 Email Kerri.nuku@hawkesbaydhb.govt.nz</p>	<p>A comprehensive range of quality health services for the people of Napier are provided at the Napier Health Centre. One hundred off-street car parks make it easy to access all services</p>
<p>Nga Punawai Aroha Cashmore Building McLeod Street Hastings Private Bag 9014 Hastings Phone (06) 878 1360 Fax (06) 878 1359</p>	<p>We offer one-on-one counselling, Whakamahana programmes, Poutama programmes, LTSA assessments, Alcohol & Drug assessments, detoxification support, relapse prevention and referral to residential treatment centres.</p>
<p>Plunket Society 201 King Street Hastings Phone (06) 878 7128 Fax (06) 878 7163 Napier 30 Douglas McLean Ave Marewa Napier Phone (06) 843 9524 Website www.plunket.org.nz</p>	<p>Plunket has been caring for young families for nearly one hundred years. Today, over 91 percent of babies born in New Zealand are Plunket babies. Plunket's strength in the community means we can work in partnership with others to achieve shared goals around child health, strengthening families, and community engagement. As a national organisation that is locally responsive, Plunket is uniquely able to create change. Plunket has a tradition of caring, a history of service and a record of helping to make our communities friendlier places in which to raise healthy children.</p>
<p>Public Health Nurse Flaxmere Community Centre 19 Swansea Road Flaxmere Hastings Phone (06) 879 9440</p>	<p>Community Health provides self referral clinics in Intermediate and Secondary schools – general health, immunisations, pregnancy tests, emergency contraceptives to those 18 years and under.</p>

<p>Red Cross New Zealand 823 Heretaunga Street West Hastings Ph (06) 878 8438 Fax (06) 878 6145</p>	<p>Since 1914, New Zealanders have been helping the Red Cross to respond to disasters and improve the lives of vulnerable people, both at home and abroad. Through war, flood and fire our volunteers have responded willingly and risen to the task with a passion and a commitment that has become renowned. It is a reputation that is richly deserved, embodying the universal spirit of Red Cross. New Zealand Red Cross is one of 186 national Red Cross and Red Crescent Societies worldwide that make up the International Federation of Red Cross and Red Crescent Societies. As part of the world's largest humanitarian organisation, we are independent of government, and without any political, religious or cultural affiliation.</p>
<p>The Doctors 30 Munro Street Napier Phone (06) 835 4696</p>	<p>Free contraception, sexual health clinics, accident and medical treatment, nurses and general practitioners on site cover any health issue.</p>
<p>Tu Meke First Choice PO Box 2390 Hastings Phone (06) 873 7545 Fax (06) 873 0972 Email lynda.creighton@tumekepho.co.nz</p>	